The Southern Way

<u>Southern York County School Distric</u>

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One Warrior at a Time - Dr. Sandra Lemmon

In the second half of the school year, we are excited to further our goal of making a difference in each student's life, one Warrior at a Time! We continue our focus of not just academic learning, but also providing an environment that embraces the wellbeing of the whole child.

As we focus on social emotional learning in our schools, we continue to ensure our students are thriving academically, socially, physically, and emotionally. We are creating a district culture which provides an equitable, supportive, and welcoming environment for all individuals to reach their potential in our schools and to be prepared when they enter the world beyond Southern York County School District.

Just a reminder that parent teacher conferences will be held in the evenings of February 12 and 13. These conferences provide an excellent opportunity for you to communicate with your child's teacher and hear first-hand about the success your child is experiencing in their classes. We hope you are able to join us for our annual Battle of the Buildings fundraiser. This year's Battle will take place on February 25 at 6:30 p.m. in the High School gym. Come out to cheer on our staff and students as we join together for a fun-filled evening which benefits SHS student scholarships!



Welcome Families of Incoming Kindergarten Students

We are excited to welcome families of incoming kindergarten students to Southern York County School District! We look forward to working in partnership with you to help your child learn and grow.

At this time, we are beginning a preliminary registration of children in our school district who will be eligible to enter kindergarten in August 2020. The admission of students to kindergarten for the 2020-21 school year is limited to those children who are **five years old on or before August 31, 2020**.



Please complete the online registration or return a completed entry form on or before **February 10, 2020**, to the school that your child will be attending at the address listed below. If you do not know your school attendance zone, please call 717-235-4811 x7348. For your convenience, an **online option** is available at our District website: www. sycsd.org. Click Parent Portal > Sapphire > New Student Registration.

Feel free to contact us if you have any questions at all. We look forward to having you join our Southern York County School District family!

Friendship Elementary School	Southern Elementary School	Shrewsbury Elementary School
3457 Sticks Road	PO Box 128	331 S. Main Street
Glen Rock, PA 17327	Glen Rock, PA 17327	Shrewsbury, PA 17261
717-235-4811 x1501	717-235-4811 x 2501	717-235-4811 x 5501

SYCSD Highlights Accomplishments

The Southern York County School District's Annual Report to the Community for the 2018-19 school year will be available soon.

We have exemplary academic achievement at all levels, and our students continue to excel outside the classroom. In addition, our business operations continue to be a model of efficiency. We are extremely proud of our students and staff for their accomplishments, dedication, and commitment to providing the highest quality learning environment for our students in partnership with parents, guardians, and the entire community.

Here are a few highlights from 2018-19 as featured in the Annual Report:

Advanced Placement (AP) Program Southern York County School District's Advanced Placement (AP) program had another successful year. Susquehannock students participated in 409 AP exams in 2019. Students can earn college and university credits in one or more subjects for qualifying AP scores.

Scholastic Aptitude Test (SAT) Scores

The SAT assessment is utilized by many colleges and universities in the admissions process. SHS students performed well beyond the state and national averages on the SAT and these results reflect the efforts of outstanding teaching and learning. "We believe the meaningful learning opportunities our students experience from kindergarten through 12th grade prepare our warriors to be career, college, and life ready," said Dr. Lemmon.



SYCSD Foundation Completes Exceptional Year

The 2018-19 fiscal year was an exceptional one for the Southern York County School District Foundation (SYCSDF). The SYCSDF provides giving opportunities for scholarships, projects, equipment, supplies and other purposes that benefit District students.

"In 2019, 161 scholarships were awarded to 106 students at Susquehannock High School," said Foundation President Glenn Geiple. The Foundation distributed \$117,342 in scholarships and awards through the Dollars for Scholars program. The scholarship program now features 40 permanently endowed scholarships.

Last year the Foundation received more than \$252,000 in contributions. Net assets through the SYCSDF are over \$850,000. Furthermore, nearly \$1 million has been contributed in the past five years. To view the most recent annual report for the Southern York County School District Foundation or to learn about ways to contribute to the Foundation, visit the district website at www.sycsd.org or contact Susan Green, Executive Director, at 717-235-4811 ext. 7274 or susan.green@sycsd.org.



Judy Queitzsch presents 2019 grad Sarah Stanley with a Foundation Scholarship.

Senior Citizen Tax Relief - Expanded Program

The Southern York County School District is pleased to announce that 2019-20 is the fourteenth year of the Property Tax Rebate Program. Senior and disabled citizens may receive a rebate of up to \$650 of property taxes paid, if eligible. During 2018-19, the district provided over \$104,000 to 312 qualifying taxpayers.

The Southern York County School District Board of Education approved program has an income limit up to \$35,000 and offers a potential rebate of up to \$650.

To qualify for the program, you must be:

- 65 years or older, widow or widower (50 or older), or permanently disabled;
- Own and occupy your home in the Southern York County School District;
- Your total eligible annual household income is \$35,000 or less, which excludes one-half of Social Security benefits, supplemental
- Social Security income, and Tier 1 Railroad Retirement benefits; and
- Your 2019-20 tax bill must have been paid by December 31, 2019.

Applications are available at the Southern York County School District Administration Building, the South-Central York County Senior Center, or can be downloaded from the Southern York County School District's website (www.sycsd.org – at the top left corner, place your cursor on District, and navigate to Tax Information towards the bottom of the drop down menu, then select "Property Tax Rebate Program"). For questions, call the school district at 717-235-4811, extension 7300. We will be happy to help you complete the form by appointment. The deadline for filing the rebate form is May 15, 2020.

Possible Property Tax Reduction for Homeowners

As part of Act 1 of 2006, each year by May 1st, the State Secretary of the Budget must certify if there are enough funds to provide homeowners with property tax relief. There may be enough money in the Property Tax Relief Fund for the 2020-21 tax year that begins on July 1, 2020 to offer this relief again.

To receive this tax reduction, which comes in the form of a homestead/ farmstead assessment reduction, the homeowner must have an approved homestead/farmstead application on file with the York County Assessment Office by March 1, 2020. In December 2019, as required under Act 1, the District sent out a homestead/farmstead application to any residential property that was not currently approved as a homestead/farmstead. This application needs to be completed and returned to the County by March 1, 2020 to determine if your property is an eligible homestead/farmstead property. Unfortunately, per the Act, properties acquired after the March 1st deadline must wait until the following year to qualify for an exclusion.

If you have submitted an application in the past, received an approval for your property, and your primary residence has not changed, that approval is still good. If you are unsure whether your property is on the approved list of homestead/farmsteads you may check by accessing the website via www.sycsd. org and navigating to Tax Information. There will be a link to put in your property information to check to see if your property has been approved.

Act 1 Index and the 2020-21 Budget

Section 311(d)(1) of Act 1 permits a school district to elect to adopt a resolution indicating it will not raise the rate of any tax for the support of public schools for the following fiscal year by more than its index. Upon approval of the resolution, the school district can then follow a traditional budget development process and forego the accelerated Act 1 timeline.

The Southern York County School District is happy to announce that the Board passed a resolution on December 5, 2019 not to raise property taxes more than the Pennsylvania Department of Education index for the 2020-21 fiscal year. The Board of Education is committed to delivering a tax increase at or below the 3.2%

index, established by the Pennsylvania Department of Education.

It should be noted, however, that the percentage increase has not yet been determined. The proposed budget for the District is expected to be approved by the Board of Education at the April 16, 2020 Board meeting. The final budget is expected to be approved by the Board of Education at its regularly scheduled meeting of Thursday, May 21, 2020.

Following the April Board meeting, the proposed budget will be available for review on the District's website and also available at the Thomas R. Hensley District Administration Center.

SHS Theatre Presents Cinderella April 3-5, 2020

Susquehannock High School, Richard D. Hupper Auditorium Friday 7:00 p.m., Saturday 2:00 & 7:00 p.m., and Sunday 2:00 p.m.

For ticket information, visit www.susquehannocktheatre.com or call 235-4811, ext. 4901

BOARD OF SCHOOL DIRECTORS

Robert Schefter	President
James Holley	. Vice President
Bruce Bauman	Treasurer
Susan Green	Secretary
	(Non-Member)
Judi Fisher	Member
Ronald Groncki	Member
Kelly Jarvis	Member
Deborah Kalina	Member
Danielle Weaver-Watts	Member
Vacant	Member
Andrea Hebel Student	Representative

ADMINISTRATION

Dr. Sandra L. Lemmon	Superintendent
Dr. Robert J. Bryson	Asst. Superintendent
Susan Green	Chief Financial &
	Operations Officer

BOARD MEETINGS

The Southern York County School District Board of Education holds meetings on the third Thursday of January through November, and the first Thursday of December, unless otherwise noted. Meetings are held at 7 p.m. in the Conference Room of the District Administration building. Meetings are also televised live via Comcast's Cable TV Channel 99.

CONTACTING THE SCHOOL DISTRICT

(717) 235-4811	
Friendship Elementary	Ext. 1901
Shrewsbury Elementary	Ext. 5901
Southern Elementary	Ext. 2901
Southern Middle School	Ext. 3901
Susquehannock High School	Ext. 4901
Susquehannock Guidance	Ext. 4902
Transportation	Ext. 7350
Business Office	Ext. 7278

* * * MISSION STATEMENT

The Southern York County School District, through a cooperative effort with the family and community, will provide a quality learning environment that promotes character, fosters responsibility, and challenges students to achieve their potential.

Adopted by Board of Education - 6/21/01

The Southern York County School District is an equal opportunity educational institution and will not discriminate on the basis of race, color, national origin, ancestry, sex, or disability in any of its activities, programs, employment policies or practices as required by Title VI of the Civil Rights Act of 1974, Title IX of the Education Amendments of 1972, or Sections 503 and 504 of the Rehabilitation Act of 1973, or the American Disabilities Act of 1990. Employees and participants who have an inquiry or complaint of harassment or discrimination, or who need information about accommodations for persons with disabilities, should contact the office of the Assistant Superintendent of Schools, Southern York County School District, P.O. Box 128, Glen Rock, PA 17327-0128 or call (717) 235-4811.

PUBLICATION

If you would like to receive a monthly electronic version of *The Southern Way*, please contact us at <u>info@sycsd.org</u> to be added to our distribution list.

WEBSITE www.sycsd.org

Spring 2020 Adult Education Program

Class:	Instructor:	Description:	Location/Dates/Time:	Cost:
Creative Writing	Cara Achterberg 5 sessions, 2 hours each	Participants will explore writing from many angles and learn the basics of fiction and creative non-fiction writing. Hands-on class with writing at every session. Bring notebook, pen or laptop.	Shrewsbury Elementary Library/Tuesdays/March 10 - April 7/7:00-9:00 p.m.	Resident: \$45 Non-resident: \$49 Senior Resident: \$22 Senior non-resident: \$26 An additional amount of \$10 will be payable to the instructor for a blank journal, colored pens and decorating supplies.
Small Engine Repair	Henry Hartman 8 sessions, 2 hours each	Students will learn the basic principles of 2-stroke and 4-stroke cycle engines, carburetion, fuel systems, governors, ignition systems, general maintenance, overhauls, and valve jobs. Equal time in classroom and hands-on.	Southern Middle School Shop Room/Thursdays/March 19 - May 14/7:00-9:00 p.m. (No class on April 9)	Resident: \$70 Non-resident: \$74 Senior Resident: \$35 Senior non-resident: \$39
German for Tourists	Karin Mitchell 6 sessions, 1.5 hours each	Would you like to learn a new language? Are you planning a trip to Germany or Austria? This class will get you started with an introduction to the German language and culture.	Shrewsbury Elementary Library /Thursdays/April 16 - May 21/7:00-8:30 p.m.	Resident: \$38 Non-resident: \$42 Senior Resident: \$19 Senior non-resident: \$24
Basic Folk Guitar	Jessica Mary Buck 8 sessions, 1 hour each	No prior music training required. You will learn chords and finger picking on acoustic guitar. Bring a playable acous- tic guitar, electronic guitar tuner and a 3-ring notebook.	Southern Middle School Orchestra/Thursdays/March 12 - May 7/7:30-8:30 p.m. (No class on April 9)	Resident: \$32 Non-resident: \$36 Senior Resident: \$16 Senior non-resident: \$20
Over 30 Basketball	Don Markle 8 sessions, 2 hours each	Players over 30 will play full-court "pickup" basketball games. Participants should know basketball rules and be able to compete with a minimum of an average skill level. Bring a light and a dark t-shirt and wear sneakers to play.	Shrewsbury Elementary School Gym/Thursdays/March 12 - May 14/8:00-10:00 p.m. (No class on April 9 or 16)	YMCA Member: \$33 Non-Y Member: \$65

Spring 2020 Active Older Adult Wellness Classes

Classes take place at the Southern Branch YMCA and are taught by certified instructors. Classes are FREE for YMCA members and \$65 for non-members. Classes run 3/2 - 5/9/2020.

Class:	Description:	Day/Dates/Time:
Silver Sneakers Classic	A focus on strengthening muscles and increasing range of move- ment for daily living. Participants use hand weights, balls and strength bands with the support of a chair.	Mondays and Wednesdays: 11:15 a.m.
Silver Sneakers Yoga	Participants complete seated and standing yoga poses with the assistance of a chair. Provides breathing and relaxation exercises without strain on joints. Suited for all levels.	Tuesdays, Thursdays and Fridays: 11:30 a.m.
Active Older Adult Cardio	High-energy, low-impact aerobics class. Build coordination and balance through basic dance concepts.	Tuesdays: 11:30 a.m. Thursdays: 9:45 a.m.
Boom Muscle	A 30 minute class that includes sports inspired exercises to improve upper body conditioning focusing on different muscle groups during blocks. Tone muscle and build strength	Wednesdays and Fridays: 1:00 p.m.

Spring 2020 Wellness Classes

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Class:	Description:	Day/Dates/Time:
X-Bike: Mountain Biking Indoors	Outdoor attitude brought indoors. This is no spin class- X-bikes have handlebars that move and are weighted to involve the upper body, too! This is mountain biking! Join the ride!	Mondays, Wednesdays, Fridays: 9:15 a.m. Mondays: 5:30 p.m. Tuesdays, Thursdays: 6:30 p.m. Saturdays: 8:00 a.m.
Cardio Dance	An invigorating, exhilarating, and liberating calorie burning dance party that will have you addicted from the first beat.	Wednesdays, Fridays: 9:15 a.m.
BodyCombat	This empowering group cardio program is inspired by mixed martial arts and draws from disciplines such as karate, boxing, taekwondo, tai chi, and muay thai. Get unleashed!	Wednesdays: 5:30 p.m. Saturdays: 9:00 a.m.
Beginner Yoga	Introduction to the fundamental principles of alignment and breath. Work on flow of postures gradually linking poses into a gentle flowing sequence.	Mondays: 5:00 p.m.
NEW! Balletone	For the non-dancer and everybody. Non-stop cardio strength and strength blending techniques from dance, pilates and fit- ness. No dance experience required.	Thursdays: 6:00 p.m.
Barre	Combines bodyweight exercises with ballet-inspired move- ments.	Saturdays: 9:00 a.m.
NEW! Boxing	Basic punches and kicks applies in a circuit workout that includes agility exercises to get the heart pumping while improving coordination and balance. Class includes use of heavy and speed bags and pad exercises to challenge the body and mind.	Tuesdays: 6:30 p.m.
Tai Chi Movements	A standing series of Tai Chi movements is a choreographed rou- tine where one movement links into another continuously. After warming up with traditional Tai Chi techniques and preparatory exercises, the focus will be on learning the sequence of forms.	Mondays: 8:00 a.m. Tuesdays: 9:00 a.m.
HIIT the Deck	High-intensity heart pounding class that is all about toning, increasing bod strength, metabolism, and burning calories.	Wednesdays: 10:15 a.m.
Mid Day Yoga	Refresh and reset with gentle flow movements for the whole body.	Tuesdays: 1:00 p.m.
Pilates	This class provides a safe, non-impact workout that builds core muscles to stabilize the spine and protect your back. A yoga/ pilates mat is provided.	Wednesdays: 9:00 a.m. Fridays: 9:00 a.m.
Abulous!	Moves, sequences and routines put together to target and strengthen the abdominal region.	Mondays: 10:00 a.m. Tuesdays: 5:30 p.m.
On the Ball	Fun exercises on the stability ball to strengthen and stretch the body, improving core, stability, and balance.	Mondays: 10:30 a.m. Tuesdays: 9:30 a.m. Thursdays: 9:00 a.m.
Yoga Mix	Mixed level class that incorporates vinyassa flow and well as hatha and pranayama.	Thursdays: 7:00 p.m. Fridays: 10:30 a.m.
Kettlebell	Develop strength and muscle endurance with compound exer- cises that work multiple muscle groups simultaneously giving you an overall body workout.	Mondays: 6:15 p.m. Saturdays: 10:15 a.m.
Power Pump	Increase muscular strength and endurance through the use of bars and rubber plates. This class will work your whole body, including arms, legs, core and more! Using barbells to do ev- erything from lunges and squats to chest presses and crunches, this is a total-body program.	Tuesdays: 10:15 a.m. Fridays: 10:15 a.m.
Rapid Circuit	Fast paced class with high intensity exercises building cardio fitness, muscular strength and endurance.	Fridays: 9:15 a.m.
Transform	A blend of choreographed sports influenced exercises with traditional yoga, pilates, and tai chi that provides a unique movement experience.	Wednesdays: 10:30 a.m. and 6:00 p.m.
Strong by Zumba	High intensity interval workout driven by the science of synced music motivation using traditional fitness moves for athletic conditioning style workout.	Mondays: 9:15 a.m.

SYCSD IS NOW ACCEPTING ONLINE PAYMENTS!

We've made it easier to pay for students fees and community education classes! SYCSD parents will now be able to pay for items and fees with MySchoolBucks:

- Pay anytime, anywhere from your computer or mobile phone: log into MySchoolBucks.com
- Click on School Store at the top of the page and select BROWSE ALL ITEMS
- Select your item and add it to your cart
- Check out! Pay with credit/debit or electronic check
- A minimal fee may be charged. •

Spring 2020 Adult Education Registration Information REGISTER AND PAY ONLINE: WWW.SYCSD.ORG/ADULTED

OR

Please make checks payable to "Southern York County School District" and mail to:

Southern York County School District, Office of Community Relations, P.O. Box 128, Glen Rock, PA 17327-0128 Name _____ Address _____ City ____ Zip _____ Email Address Phone Alternate Phone Southern York Co. School District Resident? ____Yes ____No ____Yes ____No Senior Citizen (62 years or older)? FOR Y WELLNESS CLASSES ONLY: YMCA Member? Yes No Please be sure to specify class day and time. Fee Enclosed: \$_____ Course Name: _____ 2nd Course Choice: I fully understand the risks involved in participating in any strenuous activity and I absolve the Southern York County School District from all liability for any personal injury incurred through my participation in any Southern York County School District sponsored Adult Education program.

Signature:

_____ SOUTHERN YORK COUNTY SCHOOL DISTRICT IMPORTANT DATES:

Feb. 5 Grade 6 Parent Transition Night at SMS 6:30 PM
Feb. 12 SHS 8th Grade Curriculum Fair 7:00 PM
Feb. 12 and 13 Parent-Teacher Conferences Evening
Feb. 14 No School/ Teacher In-Service Day
Feb. 17 No School/ Presidents' Day
Feb. 20 Personnel and Policy Committee Meeting 6:15 PM
Feb. 20 SYCSD Orchestra Concert at SHS 7:00 PM
Feb. 20 School Board Meeting 7:00 PM
Feb. 25Battle of the Buildings at SHS 6:30 PM

	ShES Curriculum Fair 6:00 PM
Mar. 6	Early Dismissal/Teacher In-Service
	Secondary 11:44 AM, Elementary 12:30 PM
Mar. 10 Building a	and Grounds/Finance and Budget Committee
	Meetings 6:30 PM
Mar. 12	School Board Meeting 7:00 PM
Mar 17	
IVIGI. 17	String concert 7.00 HM
Mar. 17	SES Kindergarten Registration
Mar 19	FES Kindergarten Registration
IVIdi. 10	res kindergarten kegistration
Mar. 19	ShES Kindergarten Registration